

FAMILY PREPAREDNESS PLAN

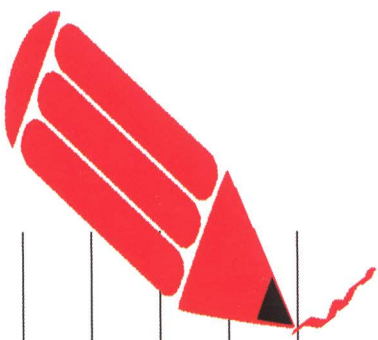
Emergency Meeting Place _____ Outside home

Meeting Place _____ Outside your neighbourhood

Address _____

Family Contact _____

Phone _____ Outside the city



ARE YOU EARTHQUAKE

READY ?



Follow the simple safety measures
Be Prepared & Stay Safe



Assam State Disaster Management Authority

Drop



Cover



Hold



DROP to the Floor, Take **COVER** under a sturdy desk/table. **HOLD** on to it so that it doesn't move away. Wait there until shaking stops.



Do Not use lift or elevators.



Do not panic



Move away from the power lines, posts, walls, false ceiling, and other elements that may fall or collapse



Keep away from glass door and windows. If they break during the shake, they may hurt



If you are in a hilly area watch out for falling rocks or landslides



Do not drive over/under the flyovers and bridges.



If driving, park your car at the side of the road, away from power lines. Stay in with the safety belts on.

ENSURE STRUCTURAL SAFETY OF YOUR HOUSE

- * Get your house assessed and retrofitted if required, for earthquake safety through a qualified engineer
- * While purchasing or constructing a house/flat, ensure that the building is earthquake safe



CHILDREN ARE MOST VULNERABLE DURING AN EARTHQUAKE. SCHOOL AUTHORITIES SHOULD

- * Consult an qualified engineer for assessing the earthquake safety of the school building
- * Retrofit the school building if necessary
- * Develop School Emergency Management Plan
- * Conduct regular Mock drills

